

Defining our client Group

Chaired by: Trish O’Flynn

Present: Rachael Counihan
Fiona Walsh

Age profile: 15 – 25

Only exclusion age. 25 + The issue this would have to be handled sensitively so as to facilitate a smooth transition of care from Jigsaw to Adult services.

Young people’s ability to **Self Refer** was deemed to be crucial to them accessing the service.

Young people will self select the need to access the service. Geography, accessibility and opening hours will all influence access. Ultimately the reception young people get on arrival and the speed with which an appropriate response is delivered will all influence the credibility of the service.

If **Mary St** offered a **triage service** assessing young people’s needs and offering the appropriate level of intervention or referring and supporting them to access the most appropriate service then it is likely that young people will use the service.

The service needs to be promoted as a **Youth Health Service** rather than a mental health service as our experience to date shows that a high percentage of young people present initially with a physical problem

Prevention /Brief Intervention	Medium care	Long term care
Advice / support	Psychological therapies	Support
1-8 weeks	Group therapy	Rehabilitation
Counselling	Stabilisation	Relapse prevention

Franchising of standards for link services would ensure a common level of service excellence.

Common policies and standards across the all the disciplines working with the project would also assist continuity of care.

The use of an **Integrated assessment tool** would make it easier for young people to tell their story only once building into a shared case file.