

## **Evidence-Based Intervention Programs and Approaches** (not an exhaustive list)

- Parent training and support
- Brief family therapy, functional family therapy
- Prevention programming in schools and community settings (e.g., lifeskills)
- Positive behavior management approaches in schools
- Mentorship programs (Big Brother/Big Sister)
- Peer-led interventions – peer support, peer counseling
- Youth Café – storefront prevention programming
- School-based and school-linked health and mental health programs
- Youth services center (one stop shopping)
- Flexible, individualized supports (wraparound, Home Care)
- Case management/service coordination
- Crisis intervention and prevention
- Social and recreational programs and activities
- Employment training and support
- Specialized mental health intervention (psychotherapy)
- Consultation for capacity building
- Cross-training
- Clinical supervision