New youth service to begin in New Year

A new service which will provide support and help to young people between the ages of 15 and 25 is to begin in Galway early next year.

The free and confidential service will be based on listening to young peoples' needs and working together to meet them. The aim of the programme is to put key supports including GPs, youth workers, counsellors and a psychologist right in the heart of the community. It will be built and developed in consultation with its users, young people and will operate in a way that puts young people first.

Teenagers are encouraged to use the service whether their problems are with family, boyfriends or girlfriends, at school or college or at work. From the small stuff to the big stuff, all the help and support a young person will need will be available within this service.

This new initiative is part of Jigsaw Galway and is a partnership between the HSE, Headstrong (National Centre for Youth Mental Health) and the Galway Business Community. As the service is aimed at teenagers, young people in Galway are now being offered the opportunity to name it.

Anyone between the ages of 15 and 25 is invited to enter a name that they think best captures what this service is about and have the chance to win a €400 One4all Gift Voucher. To enter, just email your ideas, name and contact details to nameit07@gmail.com or text us at 085-1333023.

The name will be chosen by a youth panel and the successful entrant will win €400 One4all Gift Voucher. Entries must be in by Monday 17 December with the winner being announced before Christmas.