

Galway Project Planning Meeting

Wednesday 20th June, 2007, 14.00 – 16.00.

Venue: The Purtill Suite, The Harbour Hotel, Galway

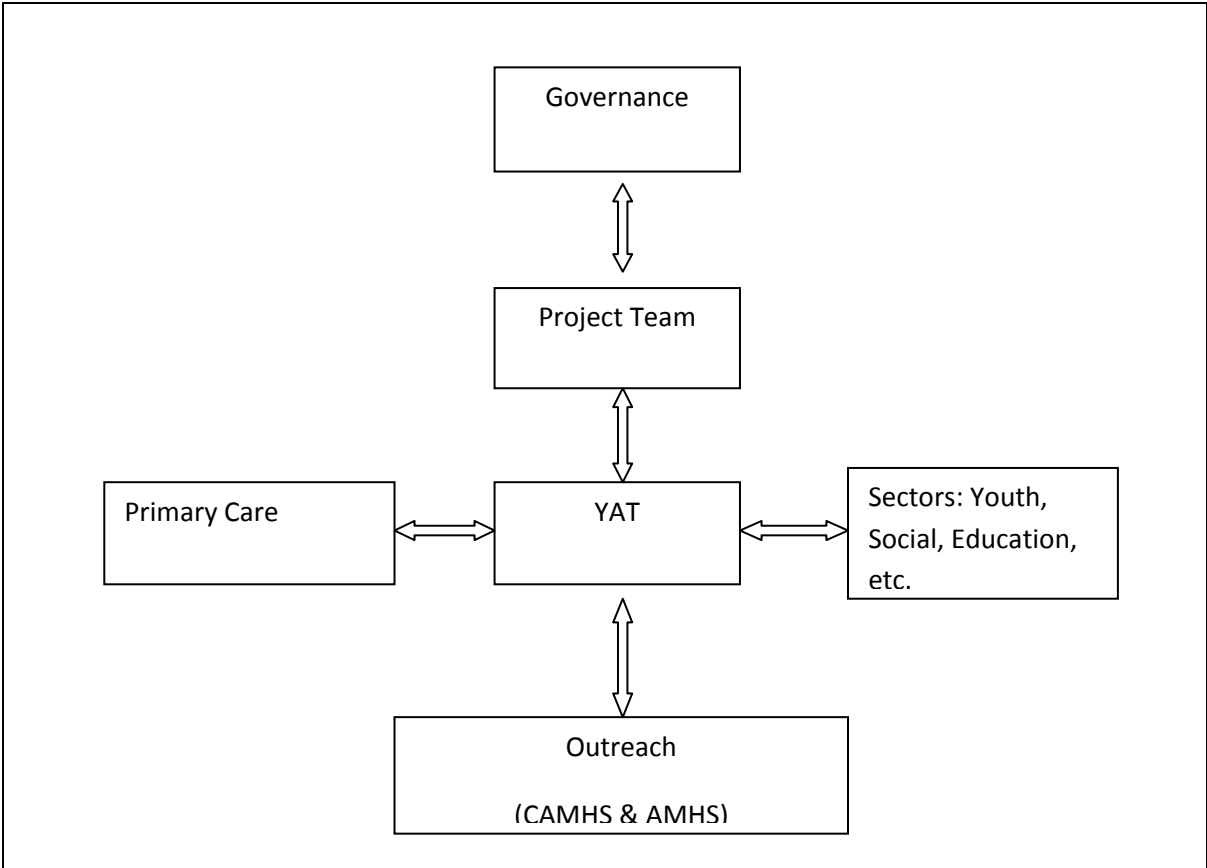
Attendees:

Aherne, Adrian

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| Amanda | Youth Advisory Panel (YAP) member |
| Bates, Tony | CEO & Founder, Headstrong |
| Coogan, Rachel | YAP member |
| Fitzmaurice, John | Project Facilitator, Headstrong |
| Glynn, Jimmy | Department of Social & Family Affairs |
| Hamilton, Matthew | Director of Operations and Public Affairs, Headstrong |
| Kitya | YAP member |
| Mac Partlin, Conor (Minutes) | Researcher, Headstrong |
| McLean, Alex | Acting General Manager, Galway City & County, HSE |
| McGuinness, Delia | Psychiatrist, HSE |
| Murphy, Brendan | Co-ordinator, Drugs & Alcohol Programme, G.A.A. |
| Prendergast, Marie | Development Officer, Primary Care |
| Prendergast, Priya (Chair) | Local Area Health Manager, Galway City & County, HSE |
| Sanders III, Daniel | Data Analysis Specialist, REACH, Louisville, Kentucky, USA |
| Smith, Pat | GIS specialist, REACH, Louisville, Kentucky, USA |
| Walsh, Fiona | Co-ordinator, Local Drugs Task Force, HSE |

| Contributor | Content | Action |
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| Priya | Priya, as chair, opened proceedings and handed over to John Fitzmaurice to give a brief presentation on events and decision processes to date. | |
| John | <p>Delivered the presentation and distributed a number of handouts:</p> <ul style="list-style-type: none"> - One page business plan draft - Handout of upcoming decisions - Handout of each decision with more detail - Proposed governance structure - Phased development of Jigsaw, based on John’s consultation with Libby Keenan (Co-ordinator of Change Management, HSE) | |
| Priya | <p>Priya noted that the sheer volume of information contained in the summary alone is testament to the considerable work completed so far, and invited questions and comments from the floor:</p> <p>Matt asked John what he anticipated as necessary for the completion of the job.</p> <p>John placed heavy emphasis on a common ethos and understanding. He noted that everyone had their own ideas on how the project should look, and that these need to be heard and amalgamated and gelled into a common view.</p> <p>Priya suggested that what the project needs is a framework, which should be agreed as soon as possible, in order to allow her and Alex to secure funding to support the project. Priya reminded those present that there is huge change happening on the HSE in terms of how it carries out its business (as suggested by the upcoming 2-day organisational development event). Priya expressed a desire for the Jigsaw project (and the phenomenal change that it represents) to “ride on the back of that change”.</p> | |
| Priya | Priya then invited Tony Bates to deliver his presentation on Jigsaw | |

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| Tony | <p>Tony began his presentation by asking those assembled how they felt about the stage that the project is currently at. Here is a sample of words given: Frustrated, excited, curious, learning, pressured, optimistic, perplexed, confident.</p> <p>In light of this diversity of opinion Tony echoed John's sentiments of needing to get everyone on the same hymn sheet, and developing a shared understanding.</p> <p>Tony stated the idea of jigsaw as simply being to get everyone who cares about young people working together. He suggested that there are lots of reasons for doing this, not least because it is an area where the country is at its weakest, but also to address the current cynicism towards the health system in this country. He presented Jigsaw as a mechanism for fostering and allowing integrated work in this regard, where young people are at the centre of thought. Tony suggested that Jigsaw is a multi-pronged attack involving community empowerment, capacity building, service integration, and youth participation.</p> <p>Tony described the Jigsaw idea with the use of visual aids, and is summarised as follows. This involved a diagram of a triangle divided into 3 sections as would be in a completed jigsaw puzzle. The broadest end was labelled community support, and represents the broadest and most all encompassing level of intervention for youth. The middle section was labelled Primary Care. These two sections were linked together by the Youth Action Teams (YAT). The narrowest point of the triangle was labelled Specialist Services, and was linked to the preceding section by and Outreach label. Tony explained that this model allowed the young person to enter the system at the broadest level and progress through the levels to the one that is appropriate for them, and then to exit back through the system when appropriate.</p> <p>This triangle was then shown embedded in concentric circles with the broad end to the outside and the narrow end to the middle. The three levels then corresponded to the three level of intervention: Health Promotion (for community support), prevention and catching (for Primary Care), and specified intervention (for specialised services).</p> <p>Tony then explained how he envisaged the structure of a Jigsaw project taking shape. This is summarised as follows:</p> | |
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| Priya | Priya invited comments and observation from the floor | |
| Marie | Marie commented that the idea was clearer now, and that there were common themes with the Primary Care Teams (PCTs), particularly around community involvement and integration. Marie then posed the question of how Jigsaw and the PCTs could interface appropriately rather than operate in parallel. She further suggested that every person involved would need to be clear on where they and everyone else fits in to this process/model. | |
| Priya | Priya highlighted that there are a number of information sessions already planned for the area –the 2-day OD event, a half-day event for mental health professionals, an event for mental health staff on how to adopt the principles of the Vision For Change Document, and potentially a Clinical Pathways event to be organised by a subcommittee from the current group. This could potentially be confusing for professionals attending all events, however Priya noted that professionals <i>want</i> to be kept informed. | |
| Alex | Alex explained his initial frustration in terms of there having been lots of preparatory work conducted (research etc), but without the parallel process of putting things into action, defining posts and securing funding. He felt this necessary in order to avoid the gap between agreement and action. | |

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| Adrian | Adrian agreed with Alex, and reminded the group that they would need advance warning in order to secure funding to fill positions. | |
| Fiona | Fiona agreed with Tony and John that there needed to be a common direction within which we can express our excitement. | |
| Declan | <p>The enormity of the project is notable, and it can be easy to become lost with such a broad scope. Declan suggested that there may be a need to clarify the project into more simple and achievable goals.</p> <p>Declan spoke briefly about his own project which he has embarked upon with local business people in response to a number of recent suicides in the area. There was a desire to create an awareness campaign for young people on how to look out for one another and oneself. The campaign produces credit card sized information leaflets (web addresses etc) so that young people are aware of what services are available, and that they do not have to suffer alone. His idea is of the young person at the centre where information is being fed into them from a number of sources around them.</p> | |
| Tony | <p>Tony noted that there are parallels between his and Declan's visions, where the young person is at the centre and services and information feed into the YP.</p> <p>He suggested that the process of developing this project should follow a natural order; Figure out what we want to see, finance it, staff it, and evaluate it. This was in response to Adrian's earlier concerns. Tony re-introduced the idea of flexi-dollars and their utility in this process.</p> | |
| Fiona | Fiona expressed her excitement at the prospect of creating a net of services for people, where everyone at the table had something unique to bring to its design. | |
| Amanda | Expressed excitement about the possibility of a one-stop shop that would be accessible to young people. | |
| Priya | <p>Priya summarised in saying that what we were currently working under is a model of change management.</p> <ol style="list-style-type: none"> 1. Recognise need – to develop a service for young people 2. Collect data and engage stakeholders 3. Analyse data for key messages – Jigsaw is both a “thing” and a “process”. 4. Clarify objectives and principles – just completed 5. Draft a plan of action – Next stage | |

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| | 6. Agree and Implement the plan 7. Evaluate the implementation and effect. | |
| Tony | <p>Proposed that a select committee meet to draft an action plan proposal. This group is to meet for 1 or 2 days in the next two weeks. This draft will be brought back to the group for editing and agreement.</p> <p><u>Members:</u></p> <p>Tony, Matt, Fiona, Declan, Delia, Trish, Geraldine, Amanda, Conor.</p> <p>Priya will serve on the committee <i>ex officio</i>.</p> <p>Priya suggested that the committee has the power to co-opt anyone as they see fit for an hour at a time.</p> <p>Priya also offered the resources of her office to the process.</p> | Small committee to draft an action plan over 1 or 2 days in the next two weeks |
| Alex | Suggested not attempting to create a “catch all”, and to try and delineate focussed and acheiveable goals and timeframes. | |
| Priya | Realyed a recent experience relating to a plan for action in the area of diabetes, suggesting that a solid plan will encourage investment more readily. | |
| Matt | <p>Reminded the group that the contract provides for a business plan being in place by July 24th this year. He was curious to see if this deadline fitted with other people’s ideas of where the project is at.</p> <p>John replied that the Gaf has been affected by his secondment to this project and so it is in his interets and those of the Gaf to wrap this up as expediently as possible.</p> <p>Priya suggested that the Action Plan was the current priority, bu that other work should go ahead.</p> | |
| John | In relation to “other work” John put it to the group that data on prevention, support and treatment would be very useful to the Clinical Pathways group. He asked the group to reflect on their own fields of expertise and come up wiht data or other resources (reports, literature, studies) that would inform the development of Jigsaw, from areas such as psychology, psychiatry, drugs task force, etc... | |
| Tony | Wrapped up the session by asking people how they now felt about the process. Here is a selection of responses: Better, focussed, tangible, directed. | |
| <u>The committee for writing the Action Plan is due to meet on Tuesday, 10th July 2007.</u> | | |