

**Jigsaw Project Steering Group
Meeting dated 8th March 2007**

Attendance:

Priya Prendergast, Local Health Manager
 John Fitzmaurice, Project Facilitator Jigsaw
 Alex MacLean, Child Care Manager, Galway
 Delia McGuinness, Consultant CAMHS
 Marie Prendergast, Primary Care Development Officer
 Adrian Ahern, Manger Mental Health Services, Galway
 Tony Bates, CEO Headstrong
 Bob Illback, Headstrong
 Marsha Illback, Headstrong

Apologies:

Fiona Walsh, Regional Drugs Co-ordinator
 Trish O'Flynn, Family Support Manager Galway
 Michael Keady, Co-ordinator Homeless Services

Issue	Discussion	Action
Agenda	Orientation of Headstrong Concepts.	
Introduction	<p>Priya welcomed everyone to the meeting and in particular Tony Bates who is the CEO of Headstrong.</p> <p>Tony gave an overview of the Headstrong Concepts</p> <ul style="list-style-type: none"> • Tony was one of the expert group that worked on a vision for change • Central to the strategy are values of person centeredness, accessibility, multi-disciplinary working, recovery orientated and community based • Headstrong identified young people as the most important sub-population group • For 12 – 25 year olds there appears to be a gap for young people in crisis • Many of the difficulties young people encounter can be handled through the family, peers, primary care supports etc. • A survey Headstrong conducted found that services are strong in expertise but not on engagement • Jigsaw promotes a move towards a community model of mental health. Need to bring services closer to people • Need to support communities to become more aware of their strengths and resources. Empowering communities to own the issue of mental health • Jigsaw is appropriate intervention at the level needed • Key value is the involvement of young people • How can services work together in a more 	

	<p>complimentary way?</p> <ul style="list-style-type: none"> Jigsaw is about <ul style="list-style-type: none"> facilitating dialogue at a community level Up-skilling/increasing the capacity of communities to respond Enhancing primary care Developing creative models of brief intervention Increasing the capacity of individuals Evaluating the impact Jigsaw will have 	
Priya	<p>The programme will need flexibility particularly around the age range i.e. someone who is turning 25 would not be excluded</p> <p>She gave details of the HSE event entitled "Our Way Forward", which acted as a forum of involving staff from all sectors across the HSE</p> <p>Priya feels that the development of the primary care structures will make a big difference and will enhance a development of this nature</p>	
Alex	<p>Alex gave an overview of some of the projects Child Care has been involved in. These have proved very successful and have involved a high level of interagency collaboration. They include:</p> <ul style="list-style-type: none"> Fire engine Children's Day Fun World Cup Youth Advocate Programme (very good at concentrating on the family) Packages of care for families Home start Initiative around youth suicide in Ballybane Under five services – City and County Childcare Committee <p>Alex sees Jigsaw as the "glue" to pull services together</p>	
Delia	<p>Delia gave an overview of her service – Child and Adolescent Mental Health</p> <ul style="list-style-type: none"> The service is aiming to provide a more community based service. Galway is divided into three teams with each team having a special interest North Galway - ADHD West Galway - Autism West City/Island and Connemara – Problematic sexual behaviour There is no psychologist or family therapist on the teams at present with only a limited social work input. The aim is to broaden the scope of the team. 	

	<ul style="list-style-type: none"> • A lot of the work CAMHS do is with the parent and child together – co-therapy/empowering them • A major challenge is providing services in rural areas. Children in rural outreaches don't get an equitable service. Privacy and confidentiality are also big issues • Adolescents tend to present with depression/suicidal behavior/eating disorders/psychosis • They have access to family therapy but not on the team • They have access to St Anne's Day care and the school • Delia finds Family Welfare Conferencing very useful as it ties in all the family. You also learn about other service providers and it promotes a multi-systemic approach • Outreach clinics have links with schools/social work/family support services. • Schools have high expectations on psychiatric services which they cannot deliver on 	
Priya/Tony	Priya talked about the importance of not over-expertising things and the fact that we are professionalizing common problems. Tony spoke about the need for the life and energy to come from the people themselves at community level.	
Adrian	<ul style="list-style-type: none"> • They have received funding through Geoff Day in The National Suicide Office for triage nurses in UCHG and Ballinasloe re. self harm • They have devised a common assessment form for the three sector teams – the assessment can be carried out by any member of the team • New inpatient unit at St Anne's is being child proofed at present • Community addiction staff join up with the Drugs outreach addiction staff in Tuam and Loughrae <p>There followed a discussion on the way people are being deskilled and the way we are disabling help.</p>	
Change to the terms of reference	<p>Tony suggested that we include families and communities in the terms of reference. The terms of reference now reads</p> <p>To plan, design and implement a project to enhance and integrate the service delivery system for the purpose of promoting the mental health of young people in Galway in partnership with young people, their families and their communities</p>	
Singing of the contract	The contract will be signed by John and co-signed by Fiona and Priya	John

Work-plan	John will put together a work plan for the duration of the planning process	John
Mapping exercise	John will co-ordinate with Bob. Bob/John will contact Dee Goggins	John/Bob
Broaden scope of the Project team	Any new stakeholders in the planning process including young people will be invited to the meeting on the 25 th April.	John
Key performance Indicators	Project team need to identify key performance indicators. They may be from existing mental health indicators or adapted from other areas	Project team

Next meeting **Monday 12th March Primary Care Conference Room, Merlin Park @ 9.15am.**