

Spectrum of Services

Prevention

Information

- Library/Health Promotion information
- Drop-in reception area
- Youth friendly information e.g. credit card idea from the Zone
- Information on early psychosis/suicide/depression etc
- Public seminars/information evenings etc.
- Parenting programmes
- Groups sessions
 - stress management
 - anger management
 - meditation
 - yoga
 - sexual health
 - self esteem
 - problem solving
 - drug awareness
- Linkages/networks/community supports
- Online information and signposting

Treatment

Triage system in operation

Assessment

Access to GP service

Brief/Minimal intervention

Access to primary care counselling

Short term support/case management

Advocacy role – continuity of care

Pathways of care within our current services

Access to specialist interventions on a contractual basis e.g. family therapy/CBT

Support services on sight within year 1.

Manager

Receptionist

Triage staff

Outreach staff

Social worker

0.5 Psychiatrist

Community Substance Misuse Counsellor

Community Resource and programme officer