

**Win €400 for Christmas**  
**It's your service.....Name it.....**

A new free and confidential service which will provide support and help to young people between the ages of 15 and 25 will begin in Galway early next year.

Whether it is problems with family, boyfriends or girlfriends, at school or college or at work. Maybe it's just place to go to clear your head, a place to find someone to talk to or someone to listen. From the small stuff to the big stuff all the help and support you need will be available within this service.

This new service will put key supports like GP's, youth workers, counsellors and a psychologist right in the heart of the community. It will be built and developed in consultation with its users, young people and will operate in a way that puts young people first.

If you are between 15 and 25 you have the opportunity to name this new service. Text a name that you think best captures what this service is about and have the chance to win a €400 One4all Gift Voucher. Email us your ideas, name and contact details to [nameit07@gmail.com](mailto:nameit07@gmail.com) or text us at 085-1333023. The name will be chosen by a youth panel and the successful entrant will win €400 One4all Gift Voucher. Entries must be in by Monday 17<sup>th</sup> December with the winner announced prior to Christmas.

You own it, so name it.

**This new service is part of Jigsaw Galway and is a partnership between the HSE, Headstrong (National Centre for Youth Mental Health) and the Galway Business Community**