



**Youth Mental Wellbeing Service Design Team Meeting
Friday 30th November 2007**

Attending:

Mark Smyth(MS), Helen McCormack(HMC), Niamh Reilly(NR), David Gibney(DG), Fiona Gallagher(FG), Donnacadh Hurley(DH), John Peelo(JP), Malen deValle(MdV), Bernie Roe(BR), Catherine McGowan(CMG), Eleanor McClorey (EMC), Ann Stellenberg (AS), Katie Timmins (KT), Bob Illback (BI), Karen Galligan (KG)

BI explained the purpose of today's meeting – to tease through practical ideas, think through the process more, ask ourselves - how are we going to organise this?

BI then went through the Jigsaw Project Planning Decision Process handout and explained that the group is at the Delineate Implementation & Evaluation Plans stage

The group expressed their want for the meeting to be very focused on outcomes.

Handout: The Complex Ecology of Influences on Young People – group had no changes to make to this document

Handout: Intervention Strategies – BI suggested the group concentrate on Activities/Actions

There was a discussion around capacity enhancement and the idea that the people already working in the community would be up skilled rather than bring new people in

BI asked. - How do you work out what kids need?

The group felt that this was a big question, it was suggested that separate research would need to be carried out to find the answer.

AS gave a brief description to the group of the six services youngballymun are setting up

There was a discussion around the age range & the age connections of the services. The group decided that for the Youth Mental Wellbeing service the



age range would be from 12 – 21. This brought up a question around membership of the design team, as it had always aimed the service at the ages 12 – 18 none of the services catering for the 18 – 21's were present. Such agencies as YAP, Gardai, Job Centre, Probation service were all suggested.

BI noted that although there might be many services available, because of the stigma attached, it can be difficult to get someone to go there – the group discussed the wrap around model.

It was suggested that whomever the person in the crisis came to – they should help the young person find the help they require. Not all agreed, some felt that, as it is not their job description it would take up too much of their time. However some felt that it would be in their capacity to carry out this help.

The group noted the importance of all agencies in Ballymun knowing what other agencies there were in Ballymun & what they do. It was noted that the wrap around coordinator could show where there are gaps.

It was suggested that one coordinator would not be enough – it was felt that there would need to be a team of people with an in-dept knowledge of all services in Ballymun it was noted that having more than one person also insured that there was a back up of information if one person left, it was noted that when a leaflet is produced documenting the services in the area it can very quickly go out of date.

BI noted that there were two layers to this – an informal social support and where there was a serious problem the support needs to be more formalised

It was noted that we cannot expect everyone in the Ballymun to have an in dept knowledge however it would be ideal if they knew someone they could get that information from.

In relation to the café / hub idea, BI noted that it was very similar to how Galway designed the service up; BI gave the group a brief description of the Galway model - he asked the group how they thought it should be staffed.

The group felt that there would be practical staff i.e. restaurant/café staff and then key staff working behind the scenes who have an in dept knowledge of mental health and the community



BI noted that the general consensus is having a place which would encompass a range of activities all with the same goal he asked the group to think of leadership, where will it be located? BI noted that in Galway they are working closely with the HSE for sustainability

There were mixed opinions around this, there was concern about the management of staff it was suggested that the staff employed would need to be given job security, pension etc. However, it was noted that there would be a management committee made up of people from the various local agencies to oversee the implementation. The group all felt that the HSE should be a big partner, some felt that education, welfare and justice departments should also be partners

BI noted that there is an agreement on a general outline of the structure. BI suggested that there needs to be many partnerships and inter agency agreement. What are our next steps?

The group felt writing up a programme description is the next step forward also to enquire about a location for the hub/café

BI recapped on the next steps to take:

- take today's feedback & write up
- write up programme description
- leadership plan
- initiate process of going out & talking to people about the plan to find out what they think

The group also suggested a list of people to talk to:

- Noel Mulvihill
- BRL (at board level)
- DCC (at board level)

The meeting ended with the group thanking Bob for all his work to date