

**YOUNGBALLYMUN**  
**YOUTH MENTAL WELL-BEING SERVICE DESIGN TEAM**

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WEDNESDAY 28TH MARCH, 2007

**Present:**

*Ms. Angela Birch (AB), Ms. Eileen Brosnan (EB), Ms. Fiona Gallagher (FG), Mr. Donnacadh Hurley (DH), Ms. Helen McCormack (HM), Mr. Tony Bates (TB)*

**Apologies:**

*Mr. David Gibney (DG), Mr. Mark Smith, Sr. Malen de Valle, Dr. Gerry McKearney, Ms. Anne Murray (AM)*

**In Attendance:**

*Ms. Ann Stellenberg (AS), Ms. Margaret Pennington (MP), Mr. Bob Illback (BI)*

<b><i>No.</i></b>	<b><i>DISCUSSION POINT</i></b>	<b><i>DECISION</i></b>	<b><i>ACTION BY:</i></b>
1.	<p><b>Minutes and Matters Arising</b>            All matters arising from the minutes will be addressed under the agenda items for the meeting.</p>	Minutes agreed.	
2.	<p><b>Report Back – role of the YMWB Service Design Group</b></p> <p>AS outlined the role of the Group as seen by youngballymun:</p> <p>1) Service Design            To design a service to improve the mental well-being of young people between the ages of 12 – 18 years in Ballymun.            The elements required to inform service design:</p> <ul style="list-style-type: none"> <li>• Identify need</li> <li>• Identify outcomes</li> <li>• Identify service components</li> <li>• Design an implementation plan and write a service manual</li> <li>• Design an evaluation plan</li> </ul> <p>The support provided to the Group to carry out the service design is outlined in a proposal from Headstrong.</p> <p>2) Support the establishment of an Implementation Oversight Group.</p> <p>There was discussion around the understanding of “mental well-being” and mental health as a need which everyone has. There was discussion around the broader needs of young people, particularly around issues of safety and violence, that have emerged through various consultations. There was discussion around the</p>	<p>The group agreed to the various steps that were involved in service design and to accessing support for the process from Headstrong.</p> <p>It was agreed that the proposal to recruit a Project Leader should form part of the service design process and not pre-empt it.</p> <p>It was agreed that there needed to be a shared understanding of ‘mental well-being’ that was broad (covering issues of safety, crime etc) and not just young people experiencing extreme mental health needs.</p>	

	<p>difficulties of including young people who are severely marginalized in research studies and the implication of not including them in the research. There was discussion around the role of the schools and youth organizations to facilitate access to young people especially during the design phase of the project.</p>	<p>It was agreed that the school and youth services had a key role in facilitating access to young people.</p>	
3.	<p><b>Headstrong proposal</b> The proposal from Headstrong was closely considered. There were specific questions around some of the techniques used and the involvement of young people in the service design process.</p> <p>There was discussion around the timeframe proposed and the availability of key stakeholders during the time period proposed.</p> <p>There was brief discussion around the possibility of a pilot period for the programme. The point was made that, built into the service design would be a reflective process that would ensure that the service is evolving (in a deliberate way) to best meet the needs.</p>	<p>There was broad agreement to the various steps and process described in the proposal. It was agreed that this proposal should go to the youngballymun Interim Board for consideration.</p> <p>It was agreed that the details should be refined in consultation with Headstrong in advance of starting the work.</p> <p>It was agreed that the timeframe should be reviewed with consideration of the broader youngballymun strategic development and the availability of stakeholders – particularly the schools – over the summer months.</p>	<p>DH / AS</p> <p>YMWB Group + BI</p>
4.	<p><b>Next Steps</b></p>	<ol style="list-style-type: none"> <li>1) Present the proposal from the YMWB Group to the youngballymun Interim Board for consideration and endorsement.</li> <li>2) Discuss the revision of timescales with BI.</li> <li>3) YMWB group to meet with BI on <b>the 16<sup>th</sup> May from 2.15pm – 4pm in the Trinity Comprehensive School.</b></li> </ol>	<p>DH / AS</p> <p>AS</p>